



*Pennsylvania Parents &
Caregivers Resource
Network*

NETWORKING DIRECTORY

of

PENNSYLVANIA PARENTS &
CAREGIVER GROUPS & INDIVIDUALS

for

Parents and caregivers of children and
adults with developmental
disabilities

PA Parents and Caregivers Resource Network's

Purpose and Principles

We identify, support and link culturally and ethnically diverse parent and caregiver groups around all areas of concern for parents of children and adults with developmental disabilities. We build alliances and communicate and collaborate with other established networks, groups, parent organizations, agencies and systems. We value the integration of people with and without disabilities and the interdependence and the enhancement of community among people of all races and backgrounds. We promote the use of generic community services and informal networks and the individualization, independence and personal choice of persons with disabilities.

PA Parents and Caregivers Resource Network is funded by a grant from the Pennsylvania Developmental Disabilities Council through Lilly Lights, LLC for parents and caregivers of children and adults with developmental disabilities.

Pennsylvania Parents and Caregivers Resource Network
Sue Scott Dolan, MHS - Director
Cheryl Watson - Project Coordinator - MMG Manager
P.O. Box 4336 - Harrisburg, PA 17111-0336
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Visit our Web Site: www.ppcrn.org

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Please let us know if you need the Directory published in an alternative format.



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Phone Toll Free: 1-888-572-7368



Pennsylvania Parents & Caregivers Resource Network

PO Box 4336 • Harrisburg, PA 17111-0336 • 1-888-5-PARENT

Fax: 717-561-0945

E-mail: info@ppcrn.org

Dear Parents and Caregivers,

We hope that you find this Directory of PA Parents and Caregivers Groups helpful. Its purpose is to provide you opportunities for networking with other Pennsylvania parents and caregivers of children and adults with developmental disabilities. We hope it will assist you as you work together for improving local services and supports and promoting community acceptance and inclusion of your children.

You will also find a Quick Information Guide of State and Regional Resources, Quick Ideas for Developing and Maintaining Your Group, and a Personal Phone Log for keeping track of networking contacts.

Please note: We have made every effort to insure we accurately recorded the information we were provided for the Directory, but cannot be responsible for errors beyond our control. We could only include those persons/groups that completed a directory form and signed a release to publish the information. We have compiled the information submitted, but we assume no responsibility for the quality or accuracy of the information provided by the submitters. This is a directory by and for parents and caregivers, and thus agencies without identifiable connections to parent or caregiver groups or contacts with such groups were not included. The Directory is for informational purposes only and the information in this Directory is subject to change at any time. Always seek the advice of professionals on issues concerning your child or adult. Those persons or groups listed herein are not representatives of, nor do they necessarily represent the views of the Pennsylvania Parents and Caregivers Resource Network, Pennsylvania Developmental Disabilities Council or Lilly Lights, LLC.

We are grateful for the combined cheerful and untiring efforts of Cheryl Watson who spent hours compiling the Directory information, Ruth Landsman for endlessly proofing, and the helpful folks at JAZ Press for their efforts to make this Directory a reality!

Additional copies of the Directory may be received by contacting us at the above address, phone number or e-mail.

Warmly,

Sue

Sue Scott Dolan, Director

Sue Scott Dolan • Director
Funded by PA-DDC through Lilly Lights, LLC



Networking Contacts



Networking Contacts

Adams County

The Arc of Adams County.....717-677-8487

Fred Krause

P.O. Box 551

Biglerville, PA 17307

E-Mail: ARCADAMS@SUPERPA.NET

Disabilities: Mental Retardation

Activities: Advocacy, Information, Referral, Newsletter, Parent Support,
E-mail list or Blog, Adult Issues, Inclusive Practices

Allegheny County

PHASE (Penn Hills Advocates for Special Education)412-798-2217

Cindy Duch

3016 Greenridge Drive

Verona, PA 15147

E-Mail: cduch3016@aol.com

Disabilities: All Disabilities

Activities: Information, Parent Support, Inclusive Practices, School Age

SNAPP (Special Needs Alliance of Plum Parents)412-798-8212

Vicki Kelley

1733 Grovecrest Drive

Pittsburgh, PA 15239

E-Mail: VICKI.KELLY@VISITPITTSBURGH.COM

Disabilities: All Disabilities

Activities: Parent Support



Networking Contacts

Allegheny County

PALS (Parent Advocates for Learning Support).....412-963-7366

Cathy Miles

P.O. Box 38022

Pittsburgh, PA 15238

E-Mail: PALSfoxchapel@yahoo.com

Website: www.palsinfo.org

Disabilities: All Disabilities

Activities: Information, Referral, Newsletter, Parent Support, E-Mail list or Blog, Inclusive Practices, School Age Focus

CARE 21 724-444-6956

Dori Ortman

3417 Cramlington Drive

Gibsonia, PA 15044

E-Mail: care21@connecttime.net

Disabilities: Down Syndrome

Activities: Advocacy, Information, Referral, Parent Support, Early Intervention, School Age, Adult Issues, Inclusive Practices, E-mail list or Blog, E-File Library with 100+ Articles, Speakers/Workshops

Susan Caretti.....412-886-1767

22 Newett Street

Pittsburgh, PA 15210

E-Mail: jcare24958@aol.com (Prefer email due to hearing loss)

Disabilities: Learning Disabilities, Speech/Language Impairment, Apraxia, Mental Retardation, Neurological Impairment, Executive Function Disorder, Central Auditory Processing Disorder

Activities: Information, Parent Support, Email list or Blog, School Age Focus, Home schooling/Cyber Charter School



Networking Contacts

Allegheny County

Fay Corey.....412-719-8007

508 Lloyd Street

Pittsburgh, PA 15208

E-Mail: fmc273@verizon.net

Disabilities: C.P, Mental Retardation, Multiple Disabilities, Physical Disabilities

Activities: Information, Parent Support, Adult Issues

John and Tracey Stevenson.....412-881-3369

5248 Scenery Drive

Pittsburgh, PA 15236

E-Mail: obidiah6@comcast.net

Disabilities: Autism Spectrum, Learning Disabilities, Neurological Impairment, Traumatic Brain Injury, Speech/Language Impairment, Mental Retardation, Multiple Disabilities

Activities: Advocacy, Referral, Parent Support, School Age Focus

Berks County

SNIGNEB610-488-1958

(Special Needs Interest Group for North Eastern Berks)

Dianna Berger

112 Forgedam Road

Hamburg, PA 19526

E-Mail: diannaberger@hotmail.com

Disabilities: All Disabilities that include Mental Retardation

Activities: Advocacy, Information, Parent Support, Adult Issues, Inclusive Practice



Networking Contacts

Berks County

Jane A. Renson.....610-845-8262

104 Haddon Drive
Macungie, PA 18062

Disabilities: Learning Disabilities, Mental Health, Mental Retardation

Blair County

Friends and Family of Down Syndrome.....814-943-4342

Angela Bucher

315 South Third Street
Altoona, PA 16602
E-Mail: nsangelabucher@netscape.com

Disabilities: Down Syndrome

Activities: Information, Parent Support, Contact us for meeting information

Bucks County

Bucks County Down Syndrome Interest Group.....215-766-0890

Diana Santoro

c/o 33 Meginnes Road
Kintnersville, PA 18930
E-Mail: dgsantoro@gmail.com

Website: www.bcdsig.org

Disabilities: Down Syndrome

Activities: Advocacy, Information, Referral, Newsletter, Parent Support, Early Intervention, E-Mail list or Blog, Adult Issues, Inclusive Practices, School Age Focus



Networking Contacts

Bucks County

Theresa and Jeffrey Bryan.....610-847-2702

9023 Easton Road

Ottsville, PA 18942

E-Mail: swamperter@epix.net

Disabilities: Traumatic Brain Injury, Speech/Language Impairment, Neurological Impairment, Mental Retardation, Multiple Disabilities, Physical Disabilities, Stroke

Activities: Advocacy, Information, Referral, Newsletter, Parent Support, Early Intervention, Email list or Blog

Elaine Swartz-Hager.....215-249-9198

3666 Applebutter Road

Fountainville, PA 18923

Disabilities: Autism Spectrum, Speech/Language Impairment

Activities: Parent Support

Butler County

Prader - Willi Syndrome Association of Pennsylvania...724-779-4415

Debbie Fabio

104 Persimmon Place

Cranberry Township, PA 16066

E-Mail: debpwsapa@yahoo.com

Website: www.pwsausa.org

Disabilities: Prader - Willi Syndrome

Activities: Advocacy, Information, Referral, Newsletter, Parent Support, Early Intervention, E-Mail list/blog, Adult Issues, Inclusive Practices, School Age Focus



Networking Contacts

Butler County

FACE 22 **724-622-6096**

Tammy Rose

P.O. Box 2115

Cranberry Township, PA 16066

E-Mail: megsmom008@aol.com

Website: www.FACE22.org

Disabilities: Chromosomal disorders in which most disabilities occur

Activities: Advocacy, Information, Referral, Parent Support

Cambria County

Julie Sejpal **814-736-4591**

1601 Springhill Road

Portage, PA 15946

Disabilities: Down Syndrome, Mental Retardation

Activities: Information, Parent Support, School Age Focus

Mary Jo Yoder

134 Palliser Street Rear

Johnstown, PA 15905

Disabilities: Down Syndrome

Activities: Newsletter

Chester County

Chester County CHADD **610-429-4060**

Marie Paxson

1548 Overlook Place

Malvern, PA 19355

Website: www.ChesterCountyChadd.org



Networking Contacts

Chester County

Chester County CHADD (continued).....610-429-4060

Marie Paxson

Disabilities: ADD/ADHD

Activities: Information, Newsletter, Parent Support, School Age Focus, Adult Issues, Inclusive Practices, Email list or Blog, Annual Conference

Clearfield County

F.R.O.G.S.814-375-9988

(Families Removing Obstacles and Gaining Strength)

Wendy Hnat

438 Treasure Lake

DuBois, PA 15801

E-Mail: frogs7@verizon.net

Disabilities: All Disabilities

Activities: Advocacy, Information, Parent Support, Early Intervention Focus, School Age Focus, Adult Issues - Transition, Inclusive Practices, E-Mail list or Blog, Family Activities, Socialization

Columbia County

ABOARD.....570-275-8904

(Local Autism and Related Disorder Support Group)

Kathleen Baas

1905 S and H Avenue

Danville, PA 17821

E-Mail: porkey72@aol.com

Disabilities: Autism Spectrum

Activities: Advocacy, Information, Newsletter, Parent Support, Camp Emerge



Networking Contacts

Cumberland County

ASD Hope.....717-732-8400 ext. 8120

(Autism Spectrum Disorder Help, Options & Parent Empowerment)

Kathleen Haigh

P.O. Box 1501

Mechanicsburg, PA 17055

E-Mail: asdhope1@yahoo.com

Website: www.asdhope.org

Disabilities: Autism Spectrum

Activities: Information, Parent Support, Biomedical Interventions and Empowerment Workshops

Dennis Kohler717-761-8137

5504 Silver Creek Drive

Mechanicsburg, PA 17050-1961

E-Mail: dennyk@paonline.com

Disabilities: Autism Spectrum, Mental Health, Mental Retardation

Kim Wolf717-249-4006

314 Bonnybrook Road

Carlisle, PA 17015

E-Mail: kwolf@pa.net

Disabilities: Learning Disabilities, Traumatic Brain Injury, Speech/Language Impairment, Neurological Impairment, Physical Disabilities, Medically Fragile

Activities: Advocacy, Information, Parent Support, Bringing medically fragile children home, Making home handicap accessible.



Networking Contacts

Dauphin County

Harrisburg ADHD Support Group - Dauphin Co. Branch.....717-545-7887

Sandy Deaven

208 North Johnson Street

Harrisburg, PA 17112

E-Mail: dauphin-county@chadd.net

Website: www.chadd.org <http://hbg.adhd.blogspot.com>

Disabilities: ADHD (Attention Deficit Hyperactivity Disorder)

Activities: Information, Parent Support, E-mail list or Blog, School Age Focus

Delaware County

Family and Friends.215-869-5388

Katrina Lewis

7196 Midway Avenue

Upper Darby, PA 19082

E-Mail: KTRNDUSN@aol.com

Disabilities: Autism Spectrum, Blind/Visual Impaired, Deaf/Hard of Hearing,
Learning Disabilities, Speech/Language Impairment, Neurological Impairment,
Mental Retardation, Multiple Disabilities

Activities: Parent Support, Adult Issues, Respite





Networking Contacts

Delaware County

Delco Family P.A.S.S. 610-626-9511
(PDD/Autism Spectrum Support)

Barb Zimmerman

P.O. Box 210

Drexel Hill, PA 19026

E-Mail: barbzimmerman@delcofamilypass.com

Website: www.delcofamilypass.com

Disabilities: Autism Spectrum

Activities: Information, Newsletter, Parent Support, Early Intervention Focus,
School Age Focus, Inclusive Practices, E-Mail List or Blog

Elk County

F.R.O.G.S. 814-375-9988
(Families Removing Obstacles and Gaining Strength)

Wendy Hnat

438 Treasure Lake

DuBois, PA 15801

E-Mail: frogs7@verizon.net

Disabilities: All Disabilities

Activities: Advocacy, Information, Parent Support, Early Intervention Focus,
School Age Focus, Adult Issues - Transition, Inclusive Practices, E-Mail list or
Blog, Family Activities, Socialization

Huntingdon County

Huntingdon Autism Support Group..... 814-644-7478

Marie McClain

2205 Catharine Street

Huntingdon, PA 16652

E-Mail: msmccclain@verizon.net



Networking Contacts

Huntingdon County

Huntingdon Autism Support Group (continued).....814-644-7478

Marie McClain

Disabilities: Autism Spectrum

Activities: Advocacy, Information, Parent Support, Early Intervention Focus,
School Age Focus, E-Mail List or Blog.

Jefferson County

F.R.O.G.S.814-375-9988

(Families Removing Obstacles and Gaining Strength)

Wendy Hnat

438 Treasure Lake

DuBois, PA 15801

E-Mail: frogs7@verizon.net

Disabilities: All Disabilities

Activities: Advocacy, Information, Parent Support, Early Intervention Focus,
School Age Focus, Adult Issues - Transition, Inclusive Practices, E-Mail list or
Blog, Family Activities, Socialization

Lancaster County

Down Syndrome Support Group of the Susquehanna Valley....717-684-6625

Kathi Shaffer

2677 Hemlock Drive

Columbia, PA 17512

E-Mail: sookathi@earthlink.net

Website: www.susquehannadssg.org

Disabilities: Down Syndrome

Activities: Parent Support



Networking Contacts

Lancaster County

Michael and Thelma Conklin.....717-664-3651

341 Weaver Road

Manheim, PA 17545

E-Mail: mztkgconklin@aol.com

Disabilities: Learning Disabilities, Mental Health, Speech/Language Impairment, Neurological Impairment, Mental Retardation, Multiple Disabilities, Physical Disabilities, Pierre Robin Sequence

Gary Terriman717-627-1985

743 Keller Drive

Lititz, PA 17543

Disabilities: All Disabilities

Activities: Newsletter, Parent Support, Adult Issues

Kathie Winters717-684-0250

427 Cherry Street

Columbia, PA 17512

E-Mail: kathiewinters@earthlink.net

Disabilities: Traumatic Brain Injury, Speech/Language Impairment, Neurological Impairment, Physical Disabilities

Activities: Information, Referral, Parent Support, Alternative Therapies





Networking Contacts

Lebanon County

Tara Lynne Myers..... **717-866-6331**

106 South Park Street

Richland, PA 17087-0090

E-Mail: admyers@lmf.net

Disabilities: Autism Spectrum, Learning Disabilities, Mental Health, Mental Retardation, Multiple Disabilities, Tourette Syndrome, Chromosome 22q 11.2 Deletion

Activities: Advocacy, Information, Referral, Parent Support, School Age Focus, Adult Issues

Lehigh County

Lehigh Valley Fragile X Resource Group

Kristin Strauss

2300 South Ellsworth Street

Allentown, PA 18103

E-Mail: lvfxs@yahoo.com

Disabilities: Autism Spectrum, Learning Disabilities, Mental Retardation, Multiple Disabilities, Speech/Language Impairment, Neurological Impairment, Fragile X

Activities: Advocacy, Information, Referral, Newsletter, Parent Support, Early Intervention, School Age, Inclusive Practices, E-mail list or Blog





Networking Contacts

Luzerne County

ABOARD 570-275-8904

(Local Autism and Related Disorder Support Group)

Kathleen Baas

1905 S and H Avenue

Danville, PA 17821

E-Mail: porkey72@aol.com

Disabilities: Autism Spectrum

Activities: Advocacy, Information, Newsletter, Parent Support, Camp Emerge

Darryl Foundation (Developmental Advocacy) 570-655-5216

Darryl Herman

207 Penn Avenue

Dupont, PA 18641

E-Mail: darryljherman@verizon.net

Disabilities: All Disabilities

Activities: Advocacy, Information, Referral, Parent Support, Developmental Advocacy, Self Determination, Employment Training, Adult Issues, Inclusive Practices

Local Right to Education Task Force 18 570-287-9681 ext. 168

Luzerne/Wyoming County

Darleen Tomayko

368 Tioga Avenue

Kingston, PA 18704

E-Mail: darleentomyko@yahoo.com

Website: www.liu18.org Department Contacts, Local Task Force Link

Disabilities: All Disabilities

Activities: Advocacy, Information, Referral, School Age Focus



Networking Contacts

Luzerne County

Ms. Cheri Seaman570-455-3752

119 Estate Boulevard

Hazleton, PA 18201

E-Mail: cheri_seaman@yahoo.com

Disabilities: Learning Disabilities, Mental Health, Mental Retardation

Susan Steczkowski.....570-542-2466

P.O. Box 214

Nanticoke, PA 18634

Disabilities: Autism Spectrum, Learning Disabilities, Speech/Language

Impairment, Mental Retardation

Activities: Information, Need other parent's support

Lycoming County

ABOARD570-275-8904

(Local Autism and Related Disorder Support Group)

Kathleen Baas

1905 S and H Avenue

Danville, PA 17821

E-Mail: porkey72@aol.com

Disabilities: Autism Spectrum

Activities: Advocacy, Information, Newsletter, Parent Support, Camp Emerge





Networking Contacts

Montgomery County

SEPAC - Special Education Parent Advisory Council..... 610-270-0756

Karen Ciaccio

1358 Cernan Lane

Blue Bell, PA 19422

E-Mail: KMMVK@comcast.net

Disabilities: All Disabilities

Activities: Advocacy, Information, Parent Support, School Age Focus,
Inclusive Practices, E-Mail list or Blog

Methacton Advocacy & Education Network..... 610-222-0468

Wendy Ericsson

3051 Sunny Ayre Drive

Lansdale, PA 19446

E-Mail: MethactonAEN@yahoo.com

Disabilities: All Disabilities

Activities: Information, Parent Support, E-Mail list/blog, School Age Focus





Networking Contacts

Montgomery County

SPEAC.....215-646-3638

(Special Education Parent Advisory Council of Upper Dublin)

Karen Salomon

c/o 106 Timothy Drive

Maple Glen, PA 19002

E-Mail: ksal@comcast.net

Disabilities: All Disabilities

Activities: Advocacy, Information, Email list or Blog, Inclusive Practices,

School Age Focus

Together As Adoptive Parents, Inc (TAP).....215-256-0669

Phyllis Stevens

478 Moyer Road

Harleysville, PA 19438

E-Mail: taplink@comcast.net

Website: www.taplink.org

Disabilities: All Disabilities

North Penn Parents Special Education Council (NPSEC)215-361-1112

Kelly Weiss

P.O. Box 1082

Lansdale, PA 19446

Website: www.npenn.org Click on "For Families"

Disabilities: All Disabilities

Activities: Information, School Age Focus, Inclusive Practices, E-Mail list or

Blog, Monthly Speaker Meetings, Annual Ed Conference



Networking Contacts

Montgomery County

Tracy Benckert **215-368-6970**

1408 Walnut Street

Lansdale, PA 19446

E-Mail: tlbenckert@comcast.net

Disabilities: All Disabilities, FAS

Activities: Advocacy, Information, Referral, Newsletter, Parent Support, Early Intervention, E-Mail List or Blog, Inclusive Practices, School Age Focus

Mary Farrell **215-412-0180**

172 Red Haven Drive

North Wales, PA 19454

E-Mail: bdfarrell@aol.com

Disabilities: Physical Disabilities, PTSD (Post-Traumatic Stress Disorder)

Activities: Parent Support

Kathy Grey **215-659-3141**

2866 Woodland Road

Roslyn, PA 19001

E-Mail: DIXIE754@aol.com

Disabilities: Autism Spectrum, Mental Retardation

Activities: Information, Parent Support





Networking Contacts

Montgomery County

Dwight and Candice Hood610-948-9158

808 Lizzie Lane

Royersford, PA 19468

E-Mail: dhood8083@aol.com

Disabilities: Blind/Visual Impaired, Learning Disabilities, Traumatic Brain Injury, Speech/Language, Neurological Impairment, Mental Retardation, Multiple Disabilities, Physical Disabilities

Activities: Advocacy, Information, Newsletter, Parent Support, Early Intervention, School Age

Merrill Weber215-830-5025

607A North Easton Road

Willow Grove, PA 19090

E-Mail: (W.) edlaw@caryloberman.com

Website: (W.) www.caryloberman.com

Disabilities: All Disabilities (Parent of two children with Autism)

Activities: Advocacy

Montour County

ABOARD570-275-8904
(Local Autism and Related Disorder Support Group)

Kathleen Baas

1905 S and H Avenue

Danville, PA 17821

E-Mail: porkey72@aol.com

Disabilities: Autism Spectrum

Activities: Advocacy, Information, Newsletter, Parent Support, Camp Emerge



Networking Contacts

Northumberland County

ABOARD570-275-8904
(Local Autism and Related Disorder Support Group)

Kathleen Baas

1905 S and H Avenue

Danville, PA 17821

E-Mail: porkey72@aol.com

Disabilities: Autism Spectrum

Activities: Advocacy, Information, Newsletter, Parent Support, Camp Emerge

Philadelphia County

There's A Place for Us215-991-0301

Margie Austin

5835 North Lambert Street

Philadelphia, PA 19138

E-Mail: AUST2M@aol.com

Disabilities: Autism Spectrum, Learning Disabilities, Mental Health, Mental Retardation, Multiple Disabilities, Physical Disabilities, Traumatic Brain Injury, Speech/Language Impairment

Activities: Advocacy, Information, Referral, Newsletter, Parent Support, School Age Focus, Adult Issues, Inclusive Practices, E-Mail list or Blog, Training





Networking Contacts

Philadelphia County

Autism Sharing and Parenting215-413-7106

Renee Henderson

E-Mail: nasya06@msn.com

Disabilities: Autism Spectrum, Learning Disabilities, Mental Retardation,
Speech/Language Impairment

Activities: Advocacy, Information, Parent Support, Early Intervention Focus,
School Age Focus, Adult Issues, Inclusive Practices

Dr. Grayne Edwards 215-341-6183 / 856-464-1818

5937 Wayne Avenue

Philadelphia, PA 19144

E-Mail: grayneledwards@comcast.net

Disabilities: Mental Retardation, Physical Disabilities, Traumatic Brain Injury

Activities: Advocacy, Parent Support, Adult Issues

Leslie Gardner

1812 West Seybert Street

Philadelphia, PA 19121

Disabilities: Autism Spectrum, Learning Disabilities, Mental Health, Speech/
Language Impairment, Neurological Impairment, Mental Retardation, Multiple
Disabilities, Physical Disabilities

Activities: Advocacy, Information, Referral, Parent Support, Early Intervention,
Inclusive Practices, School Age Focus





Networking Contacts

Potter County

Kathy Heintzelman814-274-8218

1111 South Main Street, Ext. Apt. 4

Coudersport, PA 16915

Disabilities: Learning Disabilities, Mental Health, Tourette Syndrome,
Mental Retardation

Activities: Parent Support

Union County

The Autism-Advocacy Organization570-524-7708

Susan Colon

10 South 7th Street

Lewisburg, PA 17837

E-Mail: scolon@ptd.net

Website: www.autism-advocacy.org

Disabilities: Autism Spectrum

Activities: Advocacy, Information, Referral, Newsletter, Parent Support, Early
Intervention Focus, School Age Focus, Adult Issues, Inclusive Practices,

E-Mail list or Blog, Consultation





Networking Contacts

Warren County

Parents As Advocates 814-726-8406

Jodi Wilson

27 Hospital Drive

Warren, PA 16365

E-Mail: wilsonj@wc-hs.org

Disabilities: All Disabilities

Activities: Advocacy, Information, Referral, Newsletter, Parent Support

Washington County

Western Pa. Tourette Syndrome Association 724-348-0358

Jay Goodman

3468 Ivy Hill Lane

Finleyville, PA 15332

E-Mail: kathy-jay@comcast.net

Disabilities: Tourette Syndrome

Activities: Advocacy, Information, Referral, Newsletter, Parent Support

ARC Mon Valley 724-483-4372

Fay Grandy

209 Davidson Drive

Charleroi, PA 15022

E-Mail: CFR@icubed.com

Disabilities: Autism Spectrum, Blind/Visual Impaired, Deaf/Hard of Hearing,

Learning Disabilities, Mental Health, Tourette Syndrome, Speech/Language

Impairment, Mental Retardation, Multiple Disabilities, Physical Disabilities

Activities: Advocacy, Information, Newsletter, Parent Support, Social Activities



Networking Contacts

Washington County

Parent Learning Support Group 724-942-0209

Susan Schmidt

224 Thompsonville Road

McMurray, PA 15317

Disabilities: All Disabilities

Activities: Advocacy, Information, Referral, Parent Support, Early Intervention, School Age, Parent Education

Tricia Baum..... 724-986-0718

301 Munnell Street

Canonsburg, PA 15317

E-Mail: nika@alt.net or baumbuilders@comcast.net

Disabilities: Autism Spectrum

Activities: Advocacy, Information, Early Intervention, Parent/Autism Resources

Westmoreland County

P.A.S.S. (Parents Advocating for Special Students) 412-751-5844

Kathy McGrail

3301 Coulterville Road

McKeesport, PA 15131

E-Mail: skmcgrail@comcast.net

Website: www.helpkids.co.nr

Disabilities: All Disabilities

Activities: Advocacy, Information, Parent Support, Inclusive Practice, School Age



Networking Contacts

Wyoming County

Local Right to Education Task Force 18 570-287-9681 ext. 168

Luzerne/Wyoming County

Darleen Tomayko

368 Tioga Avenue

Kingston, PA 18704

E-Mail: darleentomyko@yahoo.com

Website: www.liu18.org Department Contacts, Local Task Force Link

Disabilities: All Disabilities

Activities: Advocacy, Information, Referral, School Age Focus

York County

Kindred Spirits 717-252-6055

Sandra Tome

929 Hill View Road

York, PA 17406

E-Mail: tomestead@comcast.net

Disabilities: Mental Retardation, Multiple Disabilities,

Smith-Magenis Syndrome

Activities: Information, Parent Support

The Growing Edge 717-252-6055

Sandra Tome

929 Hill View Road

York, PA 17406

E-Mail: tomestead@comcast.net

Disabilities: Mental Retardation, Multiple Disabilities,

Developmentally Disabled

Activities: Information, Parent Support



Networking Contacts

York County

Jenny M. Baker **717-630-0916**

30 Fulton Street, Apt 2

Hanover, PA 17331

Disabilities: Autism Spectrum, Bi-Polar

Activities: Information, Referral, Newsletter, Parent Support, 10 Year Old Son

Debbie Baublitz **717-840-3859**

4814 Fahringer Drive

York, PA 17406

Disabilities: Traumatic Brain Injury, Speech/Language Impairment, Physical Disabilities

Activities: Advocacy, Information, Referral



FAQ: There are no parents or groups listed for my county. Why?

Answer: We could only include those parents and groups who gave us their contact information and signed permission to use it.





Quick Information Guide



Quick Information Guide State and Regional Resources

NATIONAL

NICHCY 800-695-0285
(The National Dissemination Center for Children with Disabilities)

Website: www.nichcy.org

National Organization on Disabilities (NOD) 202-293-5960

Website: www.nod.org

National Resource Center on AD/HD 800-233-4050

Website: www.help4adhd.org

OSERS 202-245-7307

(Office of Special Education and Rehabilitative Services)

Website: www.ed.gov/about/offices/list/osers

PACER 952-838-9000

(Technical Assistance Alliance for Parent Centers)

Website: www.taalliance.org

TASH 202-263-5600

(Equality, Opportunity & Inclusion for People with Disabilities)

Website: www.Tash.org

STATEWIDE

ABOARD 800-827-9385

(Advisory Board on Autism and Related Disorders)

Website: www.aboard.org

Acquired Brain Injury Network of Pennsylvania 215-699-3391

Website: www.abin-pa.org

E-Mail: b2272@prodigy.net

Arc of PA – (See website for Chapter information) 800-692-7258

Website: www.thearcpa.org

AutismLink Website: www.autismlink.com

Brain Injury Association of Pennsylvania 866-635-7097

Website: www.biapa.org



Quick Information Guide State and Regional Resources

STATEWIDE

Bureau of Autism Services, Dept. of Public Welfare ... 866-497-6898
Website: www.dpw.state.pa.us/Disable/AutismServices

Disability Rights Network of Pennsylvania (DRN) 800-692-7443
Website: www.drnpa.org

Education Law Center – PA (ELC-PA)..... 800-692-7443
Website: www.elc-pa.org

Juvenile Law Center (JLC) 800-875-8887
Website: www.jlc.org

LDAPA..... 610-458-8193
(Learning Disabilities Association of Pennsylvania)
Website: www.ldapa.org

Mentors for Self Determination..... 814-547-1577
Website: www.mentors4sd.org

NAMI-PA 800-223-0500
(National Alliance on Mental Illness of Pennsylvania)
Website: namipa.nami.org - See website for listing of NAMI groups

Parent to Parent of Pennsylvania (P2P - PA)..... 800-986-4550
Website: www.parenttoparent.org

PA Health Law Project (PHLP)..... 800-274-3258
Website: www.phlp.org

PA Statewide Independent Living Council (SILC) 800-796-9163
Website: www.pasilc.org

PA Tourette Syndrome Association Inc. (PATSA)..... 800-990-3300
Website: www.patsainc.org



Quick Information Guide State and Regional Resources

STATEWIDE

PA Waiting List Campaign (PAWL).....877-372-WAIT
Website: www.pawaitinglistcampaign.org

PADDC 877-685-4452
(Pennsylvania Developmental Disabilities Council)
Website: www.paddc.org

PIN 800-688-4226
(Parents Involved Network of Pennsylvania)
Website: www.pinofpa.org

PPCRN 888-5-PARENT
(Pennsylvania Parents and Caregivers Resource Network)
Website: www.ppcrn.org

Special Education Consultline..... 800-879-2301
Website: <http://odr.pattan.net/consultline>

Speaking For Ourselves (SFO) 800-867-3330
Website: www.speaking.org

Special Kids Network (SKN)..... 800-986-4550
Website: www.health.state.pa.us/skn





Quick Information Guide State and Regional Resources

REGIONAL

Achieva - Western PA 888-272-7229

Website: www.achieva.info

Serving Allegheny County Area

Autism Living and Working (ALAW).....267-322-5800

Website: www.autismlivingworking.org

Serving Philadelphia Area

Center for Creative Play.....412-371-1668

Website: www.centerforcreativeplay.org

Serving Allegheny County Area

Epilepsy Foundation Central Pennsylvania800-336-0301

Website: www.harrisburgwebsites.com/EFCP

Serving Central PA

Epilepsy Foundation of Southeastern Pennsylvania.....800-887-7165

Website: www.efsepa.org

Serving Southeastern PA

Epilepsy Foundation Western Pennsylvania.....800-361-5885

Website: www.efwp.org

Serving Western PA

Hispanos Unidos para Niños Excepcionales (HUNE)....215-425-6203

Website: www.huneinc.org

Bilingual Community Parent Resource Center - Philadelphia

MHARBC Support Group Central..... 610-775-3000

(Mental Health Association of Reading and Berks County)

Website: <http://mharbc.org/supportgroupcentral.html>



Quick Information Guide State and Regional Resources

REGIONAL

Mentor Parent Program - NW Rural PA (MPP).....888-447-1431
Website: www.mentorparent.org

Muscular Dystrophy Association (MDA).....717-540-4316
Website: www.mdausa.org
Serving Central PA

PEAL Center866-950-1040
(Parent Education & Advocacy Leadership Center)
Website: www.pealcenter.org
Serving Western & Central PA

Parent Education Network (PEN)..... 800-522-5827
Website: www.parentednet.org

Parents Exchange - SE PA.....610-962-0337
Website: www.pex.tripod.com
Serving South Eastern PA

Spina Bifida Association of Greater Pennsylvania717-786-9280
Website: www.geocities.com/sbaofgpa

SBAWP.....800-243-5787
(The Spina Bifida Association of Western Pennsylvania)
Website: www.sbawp.org

Vision for EQuality, Inc - Philadelphia.....215-923-3349
Website: www.visionforequality.org
Philadelphia Area





Quick Ideas for Groups



- *Quick Ideas* -

Words of Wisdom from PPCRN

We hope these thoughts will be helpful:

- Avoid an authorization type of leadership because others will feel they are not needed.
- Leaders who “do it all” burn out!
- Share tasks so all members feel valued.
- Often job and hobby skills are transferable to the work and growth of the group.
- Be sure to warmly greet all members and visitors at meetings.
- Listen to members’ stories
- Understand that new members may be shy and need time to feel comfortable.
- Realize that parents and caregivers may have irregular attendance because of unexpected medical or emotional needs of family members. Call and offer support.
- The focus of a group will change as the members’ children grow into teenagers and then into adults.
- The person who “knows it all” may be an excellent person to do research for the group.
- Work with other groups and organizations to form alliances for strengthening your advocacy or activism efforts.
- The member who is connected with business and political associations may help to build networks of resources and support from people of power in the community.

For more ideas, please call us at: 1-888-572-7368



- Quick Ideas -

Words of Wisdom from PPCRN continued...

- Your group may reach a point where it has to break into two groups, meet less often, become a network, and/or have more social gatherings in order to stay together through change.

It is important to work together to make change.

Obtaining help from someone outside of the group may be helpful.

- Be sure to return phone calls.
- Don't tell others what to do. Offer suggestions.
- Survey the group at least once a year to see if the members' needs are being met.
- Welcome and support parents or caregivers who use a different language or who may have disabilities.
- If a member dominates the meeting with his or her problems, offer individual support outside of the meeting.
- Honor volunteers, donors and members with a simple luncheon or dessert party.
- Change is normal! It can be a good thing if members are willing to try some new ideas.
- Many children and adults are sensitive to smoke, fragrance.

For more ideas, please call us at: 1-888-572-7368



- *Quick Ideas* -

How Can We Keep Our Group Alive?

Here are some *Quick Ideas* from groups on the Network:

- We directly and respectfully addressed “hot issues.”
- Educating members brought them back.
- People attended more often by using a variety of speakers and videos.
- Updating our lending library kept members coming to meetings.
- We always sent thank you notes.
- Listening to everyone’s wants and needs helped members to feel valued.
- Personally calling new members helped them to become part of the group.
- We addressed members’ likes and dislikes about the group.
- Parents of older children mentored parents of younger children.
- We made sure that announcements were sent out on time.
- Having a parent as a leader fostered trust in the group.
- Pot luck suppers revived the group.
- We gave everyone a small task to feel involved.
- Wonderful family picnics and free sitter services were the key to building our group.
- Networking with other groups gave us more resources and helped our group grow.

For more ideas, please call us at: 1-888-572-7368



- Quick Ideas -

What Can We do to Raise Money for Our Group?

Here are some *Quick Ideas* from parent groups on the Network:

- We hosted home parties for kitchen ware, baskets, cosmetics etc.
- Our group asked for donations of stamps for our mailings.
- We sought funds through letters and newsletters.
- Sometimes we asked for money and service donations from businesses.
- It helped us to have a membership fee.
- Professionals were charged an associate membership fee.
- We had successful hoagies, bake sales, yard sales and raffles.
- Our best fundraisers were bake and craft sales at local malls and events.
- Our golf classic was an excellent fund raiser.
- We became a United Way Designated Donor.
- Our website had a place for visitors to make a donation.
- Selling flower bulbs, candy bars, wrapping paper, and candles worked for our group.
- We sold books about disabilities and teaching strategies.
- We offered to train business employees about disabilities in exchange for printing tickets.

For more ideas, please call us at: 1-888-572-7368



Personal Phone Log

